

## Prenatal diagnosis and management in a case of Kenny-Caffey Syndrome

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### Abstract

**Background:** Kenny-Caffey syndrome is a rare genetic disorder characterised by short stature, dysmorphic features, and bone abnormalities. A significant number of individuals with Kenny-Caffey syndrome also experience global developmental delay, particularly those with Kenny-Caffey syndrome type 1.

**Case Presentation:** A 32-year-old lady G4P1L0A2 with a nonconsanguineous marriage visited us with a history of a previous baby who had died at 1.5 years of age. The baby had facial dysmorphism, microcephaly, micrognathia, dental abnormalities, and an electrolyte imbalance of calcium and phosphorus due to hypoparathyroidism. In whole-exome sequencing (WES), a variant of uncertain significance was identified in Exon 17 of the *TBCE* gene. The couple was also tested and found to be heterozygous for the tested gene mutation.

**Intervention/Outcome:** In the present pregnancy, the couple was counselled for 25% risk of the condition in the foetus of Kenny-Caffey syndrome. At 12 weeks after the NT NB scan, chorionic villus sampling was performed, and the sample was sent for FISH and targeted mutation analysis of the *TBCE* gene.

The result was positive for the heterozygous form in the foetus, and the pregnancy was thereafter monitored as a regular antenatal pregnancy. Full term healthy baby was born.

**Conclusion/Clinical Significance:** Kenny-Caffey Syndrome is a rare genetic disorder that can significantly impact the life of a newborn, with global developmental delay being a notable feature in some cases. Hence, a prenatal diagnosis can help women who have had a prior child with global developmental delay and a subsequent diagnosis of KCS. Identification of the responsible mutation may prevent the occurrence of this syndrome in future pregnancies through carrier detection.

**Keywords:** Kenny-Caffey Syndrome, global developmental delay, *TBCE* Gene mutation, Next Generation Sequencing

### Introduction

Kenny-Caffey syndrome is a rare genetic disorder characterized by proportionate dwarfism, cortical thickening of tubular bones, dysmorphic features, and hypocalcemia secondary to hypoparathyroidism. The condition was first clinically described by Kenny and Linarelli <sup>[1]</sup>, and its characteristic radiological features were later detailed by Caffey <sup>[2]</sup>. Two genetic forms have been identified: an autosomal recessive type (KCS1) caused by mutations in the *TBCE* gene, (3) and an autosomal dominant type (KCS2) caused by mutations in the *FAM111A* gene on chromosome 11q12(4). The molecular basis of the disorder involves pathogenic variants in either the tubulin-specific chaperone E gene (*TBCE*), which is associated with KCS1 (OMIM #244460), or the family with sequence similarity 111-member A gene (*FAM111A*), which is associated with KCS2 (OMIM #127000) (3), (4)

Functionally, *TBCE* plays an essential role in microtubule assembly and stability, whereas *FAM111A* is implicated in DNA replication and cellular protein processing. We report a rare case of prenatal genetic diagnosis of Kenny-Caffey syndrome in a high-risk pregnancy and discuss its implications for antenatal management.

### History

A 32-year-old pregnant woman, gravida 4 para 1 living 0 abortion 2 (G4 P1 L0 A2), presented in early pregnancy with a history of a previous child affected by Kenny-Caffey syndrome who had died at 14 months of age (Figure I). The previous child had global developmental delay, microcephaly, hypertonia, refractory seizures, and aspiration episodes. MRI of the brain had shown generalized cerebral atrophy with prominent cerebrospinal fluid spaces. The couple had a non-consanguineous marriage and no significant family history of genetic disorders.



**Fig 1:** Case Profile

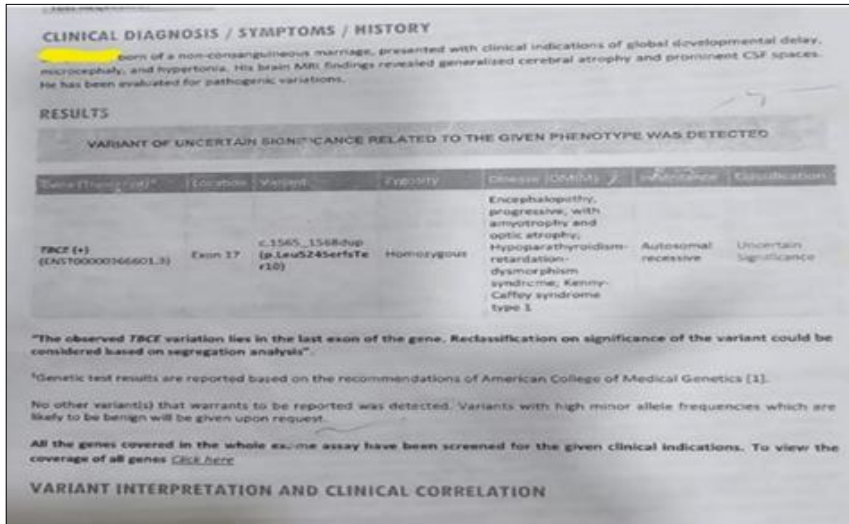


Fig 2 a: Result of Whole Exome sequencing for the baby post mortem

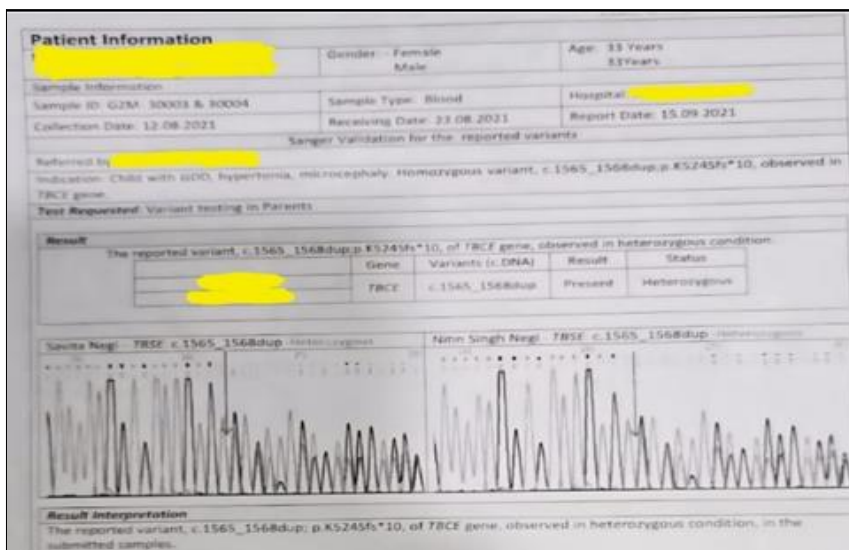


Fig 2 b: Sanger sequencing of the couple

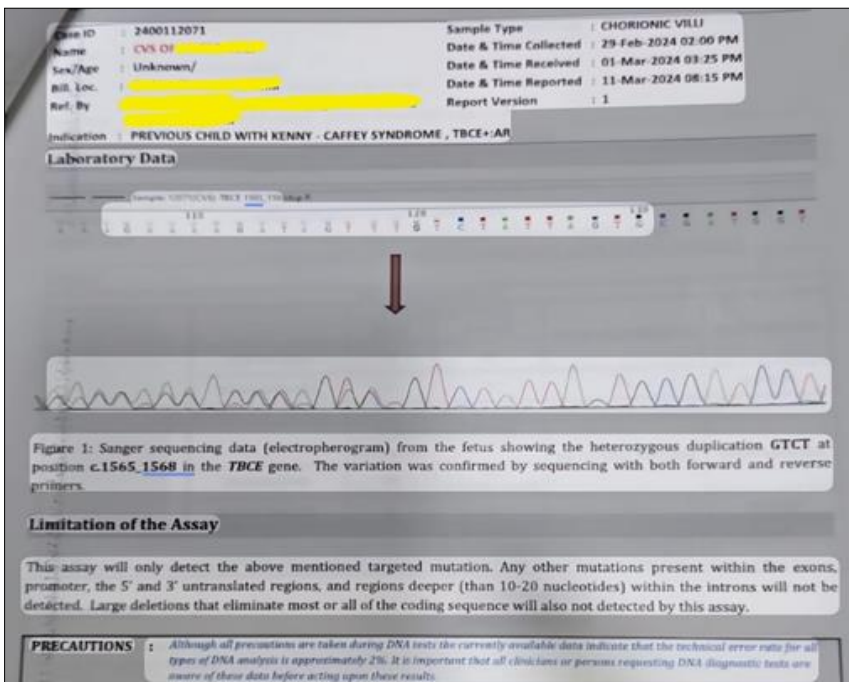


Fig 2 c: Sanger sequencing data from the CVS of the foetus of the present pregnancy

## Examination

General physical and obstetric examination at presentation were within normal limits. No dysmorphic features or systemic abnormalities were noted in the mother. Routine antenatal evaluation was unremarkable (Figure II).

## Investigations

Post-mortem next-generation sequencing of the previous child identified a homozygous variant (c.1565\_1568dup; p. Leu524SerfsTer10) in the *TBCE* gene (Figure IIa), classified as a variant of uncertain significance. Parental testing showed that both parents were heterozygous carriers of the same mutation (Figure IIb).

In the current pregnancy, a first-trimester scan including nuchal translucency and nasal bone assessment at 12 weeks showed normal findings. Chorionic villus sampling (CVS) was performed under continuous ultrasound guidance. Targeted mutation analysis of the *TBCE* gene detected the same variant in the fetus in a heterozygous state. Subsequent chromosomal analysis revealed a normal karyotype (Figure IIc).

## Intervention

The couple received detailed genetic counselling regarding the 25% recurrence risk of Kenny-Caffey syndrome in each pregnancy. After discussion of diagnostic options, CVS with targeted mutation analysis was planned and performed. Following results confirming carrier status without disease expression, routine antenatal care and surveillance were continued.

## Outcome

The pregnancy progressed without complications. A full-term male infant was delivered vaginally. Postnatal evaluation, including cranial ultrasound, abdominal ultrasound, and echocardiography, showed normal findings. The neonate demonstrated no clinical features suggestive of Kenny-Caffey syndrome.

## Discussion

Kenny-Caffey syndrome (KCS) is an extremely rare genetic disorder characterized by growth retardation, cortical thickening of long bones, dysmorphic features, and hypocalcaemia due to hypoparathyroidism. The condition was first described clinically by Kenny and Linarelli and later radiologically characterized by Caffey (1). Two genetically distinct forms have been described: the autosomal recessive type (KCS1), caused by mutations in the *TBCE* gene, and the autosomal dominant type (KCS2), associated with *FAM111A* mutations. (2)(3) Because of its rarity and phenotypic overlap with other skeletal dysplasias and syndromic dwarfism conditions, establishing an accurate diagnosis can be challenging.

The present case highlights the importance of a detailed evaluation of the affected proband to enable precise genetic counselling for subsequent pregnancies. Identification of the causative mutation in the previous child allowed targeted testing in the current pregnancy, thereby avoiding diagnostic uncertainty. Such an approach is particularly valuable in rare monogenic disorders where prenatal ultrasonography alone may not detect subtle or early phenotypic manifestations.

Sanjad-Sakati syndrome, which shares overlapping clinical and molecular features with KCS1 and is also linked to

mutations in the *TBCE* gene region on chromosome 1q42–q43, should be considered in the differential diagnosis. (4) These entities may represent variable phenotypic expressions of related molecular defects, further emphasizing the role of molecular confirmation.

Prenatal diagnosis through chorionic villus sampling with targeted mutation analysis remains the most reliable method for early detection when a familial mutation is known. In this case, demonstrating a heterozygous state in the fetus excluded disease expression and allowed continuation of the pregnancy with reassurance. This underscores the clinical utility of molecular diagnostics in guiding reproductive decision-making and reducing parental anxiety.

Although therapeutic options for affected individuals are limited, early genetic diagnosis has significant implications for prognosis, counselling, and future family planning. Advances in genomic technologies, including next-generation sequencing and multigene panels, have improved diagnostic accuracy and are increasingly accessible. Molecular studies have demonstrated that *TBCE* plays a key role in microtubule assembly, while *FAM111A* is involved in DNA replication and cellular protein processing, supporting their pathogenic relevance in skeletal and developmental abnormalities. (5). However, these tools must be interpreted cautiously within a clinical context to avoid misclassification of variants.

Overall, this case illustrates that precise molecular characterization of rare inherited disorders enables targeted prenatal diagnosis, informed counselling, and optimized obstetric management. Early identification of pathogenic variants can significantly improve reproductive planning and clinical outcomes for families at risk.

## Conclusion

Early molecular diagnosis plays a pivotal role in the management of rare genetic disorders such as Kenny-Caffey syndrome. Identification of the causative mutation in an affected child enables accurate genetic counselling and allows targeted prenatal testing in subsequent pregnancies. In the present case, detection of a heterozygous fetal genotype through chorionic villus sampling excluded disease expression and permitted continuation of pregnancy with reassurance. This case highlights the clinical value of integrating genetic analysis with prenatal diagnostic strategies to guide reproductive decision-making, reduce parental anxiety, and optimize obstetric outcomes in high-risk families.

## Declarations

### Ethics Approval and Consent to Participate

Ethical approval was waived by the institutional ethics committee because this is a single-case report without identifiable patient information.

### Patient Consent for Publication

Written informed consent was obtained from the patient for publication of this case report and accompanying clinical data/images.

### Availability of Data and Materials

All relevant clinical data supporting the findings of this case are included within the article. No additional datasets were generated.

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**Conflict of Interest**

The authors declare no conflicts of interest.

**Author Contributions**

All authors contributed to the conception, clinical management, data collection, drafting, and final approval of the manuscript.

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