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Evaluation of apoptosis and p53 expression in trophoblastic tissue of women with recurrent spontaneous abortion and infected with *Toxoplasma Gondii*

Nareman Elhamamy[1*], Amany Yusif El Ashry[2]
[1] Obstetrics and Gynecology Department, Faculty of Medicine, Tanta University, Tanta, Egypt
[2] Clinical Pathology Department, Faculty of Medicine, Mansoura University, Mansoura, Egypt

Abstract
Recurrent spontaneous abortion is a health hassle with undefined causes. Apoptosis should have a primary function in the system. The purpose of this look at was to locate Bcl-2, (P53) as an antiapoptotic, proapoptotic proteins in the trophoblastic tissues in cases with recurrent being pregnant loss. Immunohistochemistry analysis of (P53), Bcl-2 proteins the use of paraffin embedded sections of placental tissues obtained from 108 cases divided into 3 agencies: 66 Toxoplasma gondii high quality cases with recurrent abortion,22 Toxoplasma gondii terrible cases with recurrent abortion, 20 cases without a history of abortion as a manipulate group. The suggest value of the expression of (P53) protein changed into (35.3±5.738), which is considerably better than that of the second group (19.88±3.433), the third institution (12.3±5.635). The excessive expression for (P53) protein in instances with recurrent abortion may play a role inside the acceleration of placental apoptosis which results in recurrent spontaneous abortion.

Keywords: evaluation, apoptosis, expression, trophoblastic, abortion

Introduction

Toxoplasma gondii is an intracellular protozoan parasite of worldwide huge distribution in most heat- blooded creatures [1]. This parasite can be transmitted to human by ingestion of cysts in inadequately cooked inflamed meat or feline mature oocysts which contaminate food or water, blood transfusion, organ transplantation, congenitally, throughout the placenta from the mom to the fetus [2]. Most immunocompetent people infected with toxoplasmosis are asymptomatic [3]. This parasite is mainly crucial in pregnancy as it could move the placental barrier, infect the fetal tissues, purpose congenital deformities [4]. Apoptosis is one of the most important methods in the course of fetal development which may be chargeable for placental development, maturation with the evolution of being pregnant, also may have a function in placental growing older, complex being pregnant.Bcl-2, (P53) proteins are physiologically expressed in the placenta, they're considered certain styles of oncogene products [5]. The (P53) protein maintain genomic balance in somatic cells, prevent tumor formation [6] performs an important function in human duplicate [7] protects towards teratogenic sellers, induces the expression of the leukemia inhibitor factor protein which has a vital role in embryo implantation [7, 8, 9].

The protein E3 ubiquitin ligase Mdm2 is the primary terrible regulator of (P53) [10]. It binds to (P53), causes its degradation via polyubiquitination, consequent attenuation of its hobby [11, 12].

Protozoal infections along with T.Gondii showed high boom inside the host cell apoptosis, mainly amongst immune cells [13]. Apoptosis of T. Lymphocytes caused by T. Gondii together with other factors may restrict the immune response to this parasite [14].

The incidence of two or greater consecutive being pregnant losses before 24 weeks of gestation is called recurrent pregnancy loss (R.P.L.) [15]. This occurs in approximately five % of couples of their reproductive periods [16], can be categorized as:(a) number one R.P.L. in which there's lack of all pregnancies or(b) secondary R.P.L. in which at the least one a hit being pregnant with a liveborn infant is suggested regardless of the range of abortions [17, 18].

The maximum not unusual reasons of R.P.L. are genetic, hormonal, metabolic, environmental, immunologic alterations, infectious, as well as superior maternal age, thrombophilia's [19]. Only about 50 % of R.P.L. cases have a clear specific motive [18]. Abnormal expression of (P53) inside the placental tissues of females with hydropic, overlooked or spontaneous abortions has been reported; but similarly, investigations of (P53) expression within the chorionic villi from instances with recurrent spontaneous abortion (R.S.A.) are wanted [20-22].

In this observe, (P53) expression in R.S.A., the corresponding correlation between its expression, R.S.A. had been analyzed on the subject of T. Gondii infections.

Subjects and Methods

Subjects

The cases covered in this examine have been amassed from Tanta University hospital, Obstetrics and Gynecology Department, in the period from September 2017 to February 2019. An overall of 88 sufferers with R.S.A., 20 manage sufferers came for induction of abortion due to maternal cause e.g. hyperemesis gravidarum. All sufferers within the examiner had the subsequent scientific characteristics: i) No chromosomal abnormality or family history

of abortion; ii) Regular menstrual cycle with ordinary menstrual blood extent, color; iii) No venereal, reproductive machine or endocrine diseases; iv) No records of trauma, long-time period medicinal drug, radiation therapy, different infections as Rubella or drug allergic reaction; v) poor for cardiolipin, sperm, endometrial antibodies, there has been no mother-baby incompatibility of blood types; vi)No psychiatric history or unhealthy behavior, which include smoking. The age of 88 R.S.A. sufferers ranged between 25, 40 years (mean, 29.2± 7.3 years); the duration of being pregnant ranged between forty, seventy five days (suggest, fifty four.9±9.Five days), the gestational sac diameter of the ranged between 1.21, 4.39cm (imply, 2.68±1.09cm). For the controls who got here to the hospital for an brought about abortion, the age-variety of them became 22–38 years (suggest, 29.2±eight.7years); the length of being pregnant ranged between 40, 65days(mean, 53.8±9.6days), the gestational sacs diameter ranged between 1.19, 4.58cm (suggest, 2.Forty eight±1.13cm). There were no considerable differences in maternal age, being pregnant length or gestational sac size among controls, sufferers (P>0.05). The approval for this examines turned into acquired from the Ethics Committee of Zagazig University Hospital, an informed written consent changed into taken from all contributors.

Curettage operation at the Obstetrics and Gynecology Department become accomplished for the R.S.A. cases, for the manipulate cases who had been admitted to clinic for termination of being pregnant due to maternal indication (brought about abortion).

Collection of trophoblastic tissue placental sample from each curettage affected person, control challenge, putting them in 10% formaldehyde. Preparation of to a few paraffin embedded blocks for every case [23].

Venous blood samples had been accumulated (5 ml) from every subject in a simple tube, left to stand at room temperature for 30minutes to permit coagulation of blood, separation of serum by centrifugation for 10minutes at three hundred XG. The serum became divided into aliquots (zero.5 ml). They were maintained at -20°C in the freezer temperature until they have been used.

Serum samples had been examined for anti T. Gondii IgM using Enzyme Linked Immunosorbent Assay (ELISA). Kits, substances used have been organized in Italy (Dia-Pro, Milan, Italy). The test changed into performed following the manufacturer's commands [24]. Optical density values have been measured at 450 nm, cut off value for T.Gonii IgM ELISA became 0.310.

Quantitative polymerase chain reaction (QPCR)

For detection of T. Gondii B1 gene

To affirm contamination with toxoplasmosis in cases with fantastic anti T.Gondii IgM, extraction of DNA from paraffin embedded tissue blocks through Phenolic extraction method(National Institute of Health, 2004)].For amplification of B1 gene,5ul of T. Gondii DNA became used. Resolution of a band about a hundred, sixty bp in length become taken into consideration to be nice in line with Assmar *et al* [25].

For examining the endogenous mRNA expression of (P53):

RNA extraction, opposite transcription (RT)

Trophoblastic placental tissues had been homogenized in 1 ml Trizol (Invitrogen Life Technologies, Carlsbad, CA, USA), chloroform(200µl) become brought, combined. Then the combination became stratified on ice, centrifuged for 10 min at 15,000×g. The supernatant became transferred, mixed with a same quantity of isopropanol. The RNA become accumulated with the aid of centrifugation at 15,000×g for 15 min then washed twice with cooling ethanol (75%). Final centrifugation at 10,000×g for 10 min, the precipitate changed into re-dissolved in sterilized water handled with diethylpyrocarbonate (D.E.P.C.). The RNA was transformed into cDNA the usage of opposite transcription reagents (Takara, Dalian, China), then used for qPCR.

PCR analysis of (P53) mRNA

The following primers had been used: (P53)-ahead: 5′-CCCCTCCTGGCCCCTGTCATCTTC-3′;, (P53)-reverse: five′-GCAGCGCCTCACAACCTCCGTCAT-3′.SYBR-Green master mix (Roche Diagnostics, Basel, Switzerland) was used for preparation of the reaction mixture, 500 nmol/l of each primer, 80–100 µg of cDNA, to attain a very last volume of 20 µl. An ABI Prism 7500 tool (Applied Biosystems, Foster City, CA, USA) turned into used to perform qPCR. The PCR situations were as follows: 30 sec at 95°C then forty cycles of 3 sec at ninety-five°C, 30 sec at 60°C. To decide, the melting curve evaluation became used according to the producer's instructions. The $2^{-\Delta\Delta CT}$ technique changed into used to investigate the acquired statistics.

Immunohistochemical staining

An immunohistochemical assay for detecting the expression of anti-apoptotic Bcl-2, apoptotic protein (P53) became completed on formalin fixed, paraffin-embedded tissue sections. Commercially to be had antibodies for both the Bcl-2, the (P53) (Santa Cruz Biotechnology Inc, Santa Cruz, CA, USA) were used according to the producer's commands.

Slides with 4mm-thick tissue sections have been deparaffinized accompanied by means of hydration in a next remedy of xylene, ethanol, water. To retrieve the antigens, incubation of the slides in heated citrate buffer (0.01 M citric acid, pH6.Zero) turned into achieved. Then blockading of the endogenous peroxidase hobby, non-precise bindings with three% H2O2.The primary Antibodies (dilution 1:2 hundred) had been brought to the slides, incubated overnight at 4C, then a biotinylated secondary antibody, streptavidin-horseradish peroxidase had been introduced. The substrate 3, three-diaminobenzidine (DAB)become added as a chromogen (Sigma Chemi-cal Co.), which led to a brown-colored product. At ultimate, the slides were counterstained with hematoxylin, dehydrated the use of graded ethanol collection, installed.

Expression of (P53) and Bcl-2 (%) turned into measured with the aid of counting the variety of the superb cells with brown nuclear staining in one microscopic area(X400), then divided through the full cell wide variety (nice, terrible) inside the identical subject multiply by using 100.

Terminal deoxynucleotidyltransferase-mediated dUTP nick

cease labeling (TUNEL) staining TUNEL staining changed into used to locate apoptosis in keeping with the manufacturer's instructions (TUNEL kit; Roche Diagnostics). Paraffin-embedded sections were deparaffinized, rehydrated earlier than being pretreated with proteinase K at 37°C for 30 min, rinsed with phosphate buffered saline (PBS;zero.2% Tween -20) 3 times five min each. Then samples had been incubated with 50 µl TUNEL response mixture at 37°C for one hour in a wet box. After that 3 washes were done observed by way of software of 4′,6-diamidino-2-phenylindole (DAPI) for nuclear staining. Then the sections were examined beneath a fluorescence microscope (Olympus BX60; Olympus, Tokyo, Japan). The common of 10 fields were examined for each specimen at a magnification of ×four hundred. The percent of stained cells detected the diploma of apoptosis. Slides which were treated through the identical way however without incubation with the TUNEL response aggregate have been considered as negative controls.

Statistical Analysis

The amassed facts were automatic, statistically analyzed the usage of SPSS software version 18. The independent pattern t-test changed into used for evaluating among two businesses. The probability (p) ≤zero.05 was taken into consideration a statistically great difference.

Results

The consequences of ELISA for the detection of anti T.Gondii IgM a few of the cases agencies with R.S.A. showed that 54(61. Three %) out of the (88) blood samples had been nice for IgM, the relaxation 34(38.7%) were poor for it.

Polymerase chain reaction (PCR) technique to verify the presence or absence of T. Gondii B1 gene inside the trophoblastic tissues of girls with R.S.A. found out that fifty nine (67%) where fine for B1 gene (equal to one hundred sixty bp), twenty 9 (33%) in which negative for B1 gene (less than 160 bp).

By quantitative PCR, immunohistochemistry, the outcomes confirmed an accelerated mRNA, the expression degrees of (P53) in the chorionic villi of the R.S.A. sufferers' agencies as compared with the manipulate institution. Table (1), showed a tremendously big percent of (P53) in T. Gondii wonderful organization (35. Three%) in comparison to T. Gondii terrible institution (19.88%), manage group (12.3%). The differences had been especially widespread (P<zero.001). As regards to T. Gondii poor, control corporations, there was large distinction in (P53) percentage among them.

Also, immunohistochemistry discovered that there was tremendously giant lower in suggest percent of the anti -apoptotic Bcl-2 in T. Gondii fine group (12.35%) in comparison to govern institution (38.58%). Also, An excessive imply percent of Bcl-2 protein changed into detected in also in T. Gondii terrible group (33.75%).These variations have been notably huge (P<0.001).As regards to T. Gondii poor, control agencies, the difference between them in the percentage of Bcl-2 did not reach an extensive stage (P≤0.365) as shown in table (2).

The level of apoptosis within the placental tissues of cases organizations with R.S.A. confirmed a giant boom within the quantity of apoptotic indicators among them in comparison with the range in the manage organization. The level of apoptosis became found to be 20.3% in the R.S.A. businesses in comparison with 2.74% in the manipulate institution. The difference became statistically extensive (P<zero.05).

Table 1

Marker	Group	No.	Mean (%)	SE	SD	P1	P2	P3
P53 Expression	Toxoplasma +ve	66	35.3	1.286	5.738	≤ 0.000 (HS)	≤ 0.003 (S)	≤ 0.001 (HS)
	Toxoplasma -ve	22	19.88	1.145	3.433			
	Induced abortion	20	12.3	1.910	5.635			

HS = Highly significant, S = Significant, P1 = Toxoplasma positive group vs. induced group, p ≤ 0.000 (HS), P2 = Toxoplasma negative group vs. induced group, p ≤ 0.003 (S), P3 = Toxoplasma positive group vs. negative group, p ≤ 0.001(HS)

Table 2

Marker	Group	No.	Mean (%)	SE	SD	P1	P2	P3
BCL-2 Expression	Toxoplasma +ve	66	12.35	1.441	6.445	≤0.000 (HS)	≤0.365 (NS)	≤0.001 (HS)
	Toxoplasma -ve	22	33.75	3.442	10.390			
	Induced abortion	20	38.58	0.791	2.498			

HS = Highly significant, NS = Non-significant, P1 = Toxoplasma positive group vs. induced group, p ≤ 0.000 (HS), P2 = Toxoplasma negative group vs. induced group, p ≤ 0.365 (NS), P3 = Toxoplasma positive group vs. negative group, p ≤ 0.001 (HS)

Discussion

Apoptosis is a programmed cell death, regulated by a group of genes, is essential for proliferation, differentiation of cells. Physiologically, the level of apoptosis in placental tissues is low. When its stage is excessive, R.S.A. takes place due to embryonic damages [26]. Females in childbearing period may additionally exposed to health trouble referred to as R.S.A. which influences 1-five% of them. In approximately 50% of R.S.A. cases, the mechanisms are unexplained (UR.S.A.) but its prevalence is associated with a high degree of cell apoptosis [27].

Infection of pregnant girls with T. Gondii at some stage in being pregnant results in contamination of fetus by the parasite, a condition known as congenital toxoplasmosis. It is a severe, frequent situation needs correct tracking of mothers at risk. The analysis of congenital toxoplasmosis relies upon currently on PCR look at of amniotic fluid. In our paintings, we diagnose congenital toxoplasmosis amongst cases agencies with R.S.A., firstly by way of serology for detecting anti T. Gondii IgM antibodies by means of ELISA. Then affirmation of analysis by qPCR for detection T. Gondii B1 gene. Detection for this gene showed differences between the serological, molecular approach for diagnosis [28]. Five out of the 34(38.7%) poor samples by way

of ELISA test were permitted to be effective by PCR, this suggests that molecular diagnostic technique is more precise, sensitive than the conventional serological approach. Also, Elsayed *et al* [29] determined that 7 subjects had T.Gonii DNA in their serum samples with no detected antibodies, this may be explained via the arrival of T. Gonii DNA is in advance than the immunological reaction [30]. Our effects were in settlement with [31] in that the molecular, immunological techniques are of value in diagnosis of toxoplasmosis, we are able to depend on PCR for affirmation of toxoplasmosis in suspected pregnant cases due to the fact this technique can discover as little as one organism in keeping with take a look at [32].

In this look at, detection of the placental apoptotic protein (P53), antiapoptotic Bcl-2 from paraffin embedded chorionic villus tissues using immunohistochemistry approach. (P53) is apoptotic protein, worried in regulation of cell cycle [33]. Our consequences revealed exceedingly full-size percentage of (P53) in T.Gondii nice institution (35.3% ± 1.286) compared to both T.Gondii bad and control businesses (19.88%± 1. A hundred forty-five, 12. Three% ±1.910) respectively (P<0.001). There became statistical distinction within the suggest percent of (P53) between T. Gondii poor, control corporations (p ≤ zero.003).

Similar results had been received by way of many previous research, found out better tiers of (P53) in cells of cases infected with T. Gondii, which means (P53) protein has a possible, a massive position inside the process of apoptosis, ends in abortions in the ones women [34].

As regards to the antiapoptotic Bcl-2, its expression become better among poor, control companies in comparison to T. Gondii superb group. Its mean value turned into (38.58%± zero.791) inside the manage institution and (33. Seventy-five %± three.442) inside the terrible organization, while the bottom percentage (12.35%±1.441) turned into detected in the T. Gondii high quality organization. There turned into no statistical difference within the suggest percent of Bcl-2 between T. Gondii negative, manage corporations (p ≤ 0.365) even as there has been a relatively giant distinction between T. Gondii positive group, each T. Gondii negative, control agencies(p ≤zero.001).This results imply that Bcl-2 has no function in T. Gondii associated abortion technique. Syncytiotrophoblast is characterized with the aid of having multiple nuclei within the identical cytoplasm. So, apoptotic signal is probably transmitted from one nucleus to some other producing spontaneous abortion. Therefore, a few mechanisms have a position in proscribing the variety of nuclei undergoing apoptosis inside the syncytiotrophoblast to obtain ordinary embryo improvement. Bcl-2 expression inside the syncytiotrophoblast has a major role in limiting the nuclear degradation to a positive region, inhibiting the-unfold of apoptotic indicators to other nuclei sharing the same cytoplasm, consequently preserving the survival in these multi-nucleated cells [35]. The present observe agreed with the above records, concluded that the level of Bcl-2 became low in R.S.A. cases, has no position in apoptosis prevention in T. Gondii positive cases.

In this painting, to validate the function of (P53) in R.S.A., the degrees of apoptosis inside the chorionic villi have been detected the usage of a TUNEL assay for detection of DNA fragmentation that is a function sign of apoptosis. The range of apoptotic indicators had been appreciably better in R.S.A. institution fine for T.Gondii parasite in comparison with the variety in different organization which shows that toxoplasmosis is associated with high expression of (P53) which leads to an improved apoptosis, hence R.S.A. occurrence.

A position of (P53) and Bcl-2 mediated apoptosis in producing being pregnant loss in mice became illustrated through Savion *et al*. [36]. The viable reason behind the increase of the price of abortion in (P53) carriers is probably due to the boom in number of arrested cells on the G1checkpoint results in imbalances of the particularly regulated tissue or cell differentiation methods, these possibly cause insufficient deliver of vitamins, gases or alternate of waste among mother, fetus leading to abortion. A 2nd explanation might be the better ability to withstand apoptosis so, lower degree of apoptosis amongst those carriers leading to faulty increase of cells or tissues which were destroyed by way of intrinsic apoptotic stimuli.

Hirofumi Yamauchi *et al* [37] discovered the manufacturing of (P53) in placentas, recently, it became pronounced the presence of (P53) in human placentas in strange pregnancies.

In end the presence of Bcl-2 in excessive levels many of the terrible, manipulate companies indicating its role in the ordinary process of apoptosis occurring in the placenta even as better tiers of (P53) in T.Gondii wonderful group suggesting a primary role of it in induction of apoptosis ensuing in abortion, lack of being pregnant.

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